

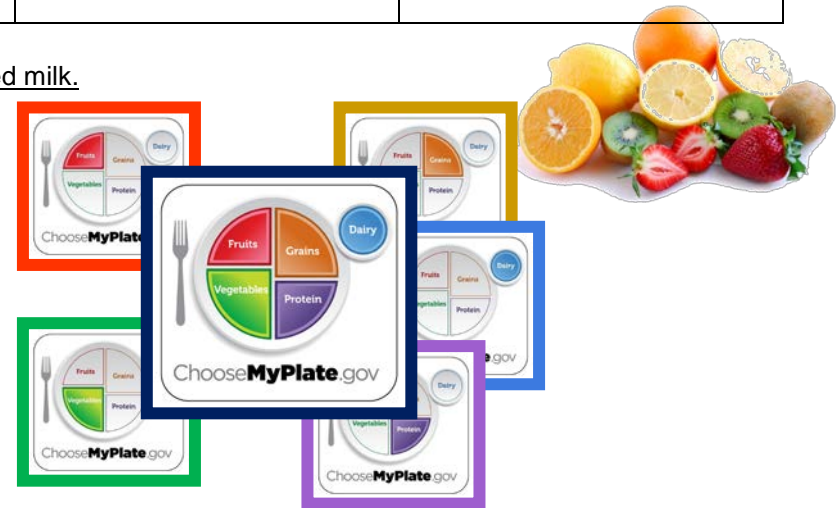
FREDERICK COUNTY MIDDLE & ELEMENTARY
BREAKFAST MENU 2017-2018

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|---|
| <u>Choose 1:</u> Strawberry Shortcake or Sausage Biscuit or Yogurt w/Graham Crackers or Cereal w/ Toast | <u>Choose 1:</u> Mini Waffles or Sausage Gravy Over Biscuit or Yogurt w/Graham Crackers or Cereal w/ Toast | <u>Choose 1:</u> Pancakes w/ Syrup or Egg and Cheese on a Biscuit or Yogurt Parfait or Cereal w/ Toast | <u>Choose 1:</u> Chicken Patty on a Biscuit or Pizza Breakfast Bagel or Yogurt w/Graham Crackers or Cereal w/ Toast | <u>Choose 1:</u> Breakfast Pizza or French Toast Sticks w/Syrup or Yogurt w/Graham Crackers or Cereal w/ Toast |
| <u>Choose 1 or 2</u> Assorted Fruit Choice or Juice | <u>Choose 1 or 2</u> Assorted Fruit Choice or Juice | <u>Choose 1 or 2</u> Assorted Fruit Choice or Juice | <u>Choose 1 or 2</u> Assorted Fruit Choice or Juice | <u>Choose 1 or 2</u> Assorted Fruit Choice or Juice |

All meals are served with a choice of fat-free flavored or unflavored milk or 1% low-fat unflavored milk.

FCPS Credit Card Payment System

FCPS uses MySchoolBucks as its online payment portal. MySchoolBucks will allow parents to view current cafeteria account balances, review recent purchases, receive low-balance alerts and setup recurring payments on a weekly or monthly basis. VISA and MasterCard are accepted 24 hours a day. Users will need to re-register for the system even if they used the online school payment system in the past. Visit your schools website and click on the MySchoolBucks link.



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